

Your Transition Guide

Program Presentation: “Liberate your Mind: Escaping Corporate Life to Live on Your Own Terms”

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I am a Hypnotherapist and NLP Practitioner

Program Overview:



This program is designed to empower middle-aged women in their late 30s- 50s, and beyond who are seeking a life transformation.

They may have spent years in the corporate world and are now looking for a change. They desire more freedom, fulfillment, and control over their lives.

Our program offers a roadmap to help them reclaim their lives.

We understand the unique challenges and opportunities of this stage the life presents.

It is a Practical One Day Program.

It is available in the online format of your choice:

One-on-One or in Group Sessions.

We will spend a whole day together interrupting on breaks after every Hypnotic session.

Program starts with the Future Pathing Technique, it is a mental technique that leverages the power of imagination to create a roadmap, it helps to align thoughts, actions, and emotions with your desired future.

We will work with Parts therapy making your internal "Controller", "Perfectionist", and "Evaluator" silent.

We will identify limiting beliefs and reframe them. With the help of hypnosis, we will remove one by one the following blocks, such as self-doubt, fear of failure, insecurity, negative self-talk, procrastination, and impostor syndrome.

It will lead to self-acceptance, knowing that you are enough.

We will run a Hypnotic session for you to identify your life purpose. A separate session will be dedicated to Confidence.

The day will be concluded by setting goals and writing an action plan. With a clear and empowered mind, you will be ready to take action based on your clarity of who you are and what you want.

Make yourself unstoppable.
BOOK A CONSULTATION.

What results can you expect from this Program?



- Clarity of direction
- Self-acceptance
- Understanding that you are enough
- Clarity of purpose
- Liberation from blocks such as self-doubt, fear of failure, insecurity, procrastination, negative self-talk, internal "Evaluator", internal "Critics", and "Perfectionist".
- You will have enough clarity and confidence to know that you will succeed in any new start.

Save your time, and make your transition smooth and quick!

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What this Program definitely is not?

- not a "Soul Chicken Soup"
- not "Chakra Healing"
- not a "Successful Success" program
- not limited to daydreaming or merely visualizing success without behavioral changes
- not solely focused on wishing thinking or fantasizing without practical actions

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Just Imagine

How would your life change if you liberated yourself from an overwhelming job?

How would it be to have a clarity of purpose and direction?

How would it be to know that you are enough?

How would it be to experience boosting confidence free of self-doubt, fear of failure, perfectionism, procrastination, and limiting beliefs?

How would it be to overcome any obstacles knowing that you can?

Would you like such a life?

If your answer is "YES" give it a chance.

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Working format: Online

- One -on- One Sessions
- Group Sessions

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About Me

My name is Olesea I am qualified in Clinical Hypnosis and NLP.

I can relate to what you are going through I have been there.

I have spent over 20 years in the corporate world, dedicating myself to it, but I found little fulfillment. I often felt overwhelmed, lost, and hesitant to make a change.

Once I overcame my internal obstacles, I discovered my life's true purpose: empowering women who share similar struggles. Through dedicated practice, I have harnessed the powerful tools of Hypnotherapy and NLP to swiftly conquer self-doubt, fear of failure, and procrastination in just a few sessions.

All you need is that chance to seize full control of your life.

Book a consultation today, and say "YES" to your new life.

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- Hypnotherapist and NLP Practitioner

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How do I work?

I employ the transformative tools of Hypnotherapy and NLP, enabling profound reframing that leads to lasting, life-altering results. Hypnosis taps into the incredible power of the subconscious mind, which controls up to 95% of our thoughts and behaviors. By accessing this part of your mind, you can reshape deeply ingrained beliefs and habits.

In essence, hypnosis and NLP are the ultimate tools to reprogram your mind, unveiling a more confident, empowered, and fulfilled version of yourself.

In simple words, the mind operates on the power of a single idea, and once that idea shifts, life transforms entirely.

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My Qualifications: I am certified in Clinical Hypnosis and NLP.

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Vision

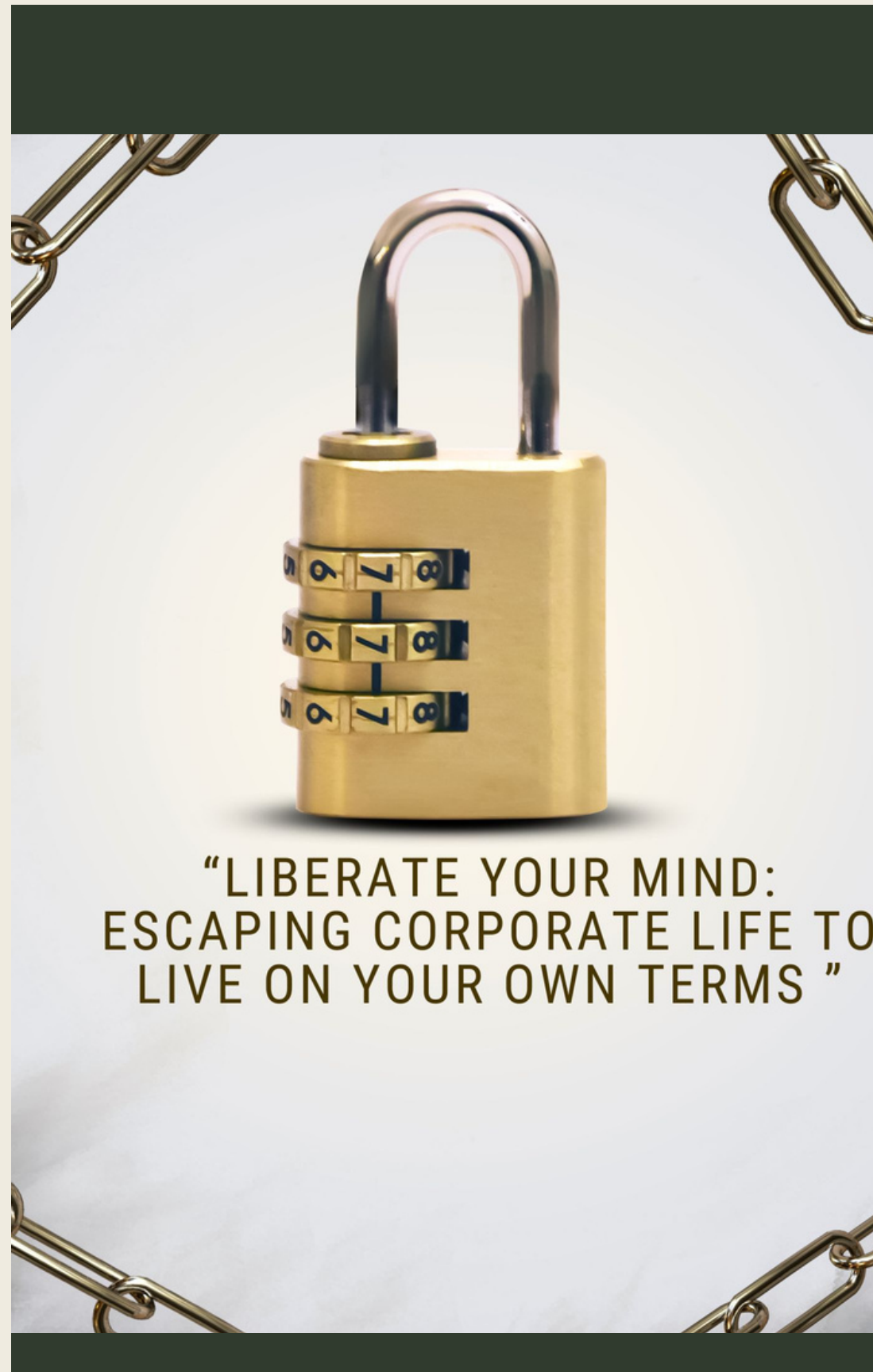
"I firmly believe that the happiness of women is the cornerstone of global well-being.

A content and empowered woman exudes creative energy, shaping a brighter future.

Her happiness ripples through generations, fostering joyful children who grow into fulfilled adults.

In turn, these happy adults create a world free from suffering, conflict, and poverty. "

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Mission

"My mission is to empower women worldwide, nurturing their happiness, well-being, and creative potential. By supporting women, we create a ripple effect of joy that transforms families, communities, and societies. My dedicated efforts aim to build a world where suffering, conflict, and poverty are replaced by happiness, peace, and prosperity."

Furthermore, I can provide assistance with individual concerns, including:

- Trauma
- Phobia/Fears
- Sadness
- Anger
- Guilt
- Resentment

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Take my Hand!
Let's Begin Your Journey!

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